

UG/5th Sem (H)/23/(CBCS)

2023

EDUCATION (Honours)

Paper Code : EDCH DSE-2

[Mental Health]

Full Marks : 32

Time : Two Hours

*The figures in the margin indicate full marks.
Candidates are required to give their answers
in their own words as far as practicable.*

1. Answer any *four* of the following questions : $2 \times 4 = 8$

- (a) What is mental hygiene?
- (b) Define maladjustment.
- (c) Write the causes of lying.
- (d) 'A Mind That Found Itself' — Who wrote this book?
- (e) Write two characteristics of a mentally healthy person.
- (f) Give one example of O.C.D.

2. Answer any *four* of the following questions : $4 \times 4 = 16$

- (a) State **the role of school in maintaining mental health of the students.**

P.T.O.

- (b) Explain the objectives of mental health.
- (c) Describe the symptoms of poor mental health.
- (d) What are the differences between mental hygiene and mental health?
- (e) Write a note on the Social Causes of maladjustment.
- (f) Discuss briefly the remedies of mental illness.

3. Answer any *one* of the following questions : $8 \times 1 = 8$

- (a) "Frustration is the common cause of maladjustment" — Discuss.
 - (b) Classify mental health-related diseases according to DSM-IV.
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