

GOUR MAHAVIDYALAYA

P.O. MANGALBARI, DIST – MALDA. Pin – 732142 (W.B.)

Accredited By NAAC (2nd Cycle) B +

One Day Online National Seminar on

PHYSICAL EDUCATION , SPORTS & YOGA IS A PROSPECTIVE WAY OF HEALTH & CARRIER DEVELOPMENT.

Organized by Department of Physical Education in Collaboration with IQAC

DATED ON 31 JULY – 2021 , AT 2.00 PM ONWARD



PATRON

Dr. Ashim Kumar Sarkar
Principal , Gour Mahavidyalaya.



IQAC CO - ORDINATOR

Dr. Pulak Kumar Kundu
Gour Mahavidyalaya.

The Hon'ble Speaker of the National Seminar



Dr. S. K. Ganguly , Former Principal & Adjunct Professor of GS College of Yoga & Cultural Synthesis, Kaivalyadhama, Lonavla, Pune (Maharashtra).

" Application of Yoga in Physical Education and Sports "  **2.00 pm**




Dr. Alauddin Shaikh , Assistant Professor, Dr.Meghnad Saha College, Itahar, Uttar Dinajpur,

" Changing Trands and Carrier in Physical Education and Sports."  **3.00 pm**



Dr. Asit Kumar Sinha , Former Yoga & Physical Education Teacher, Kendriya Vidyalaya Sangathan,

" Yoga in Our Daily Life".  **4.00 pm**

Convenor : Apurba Kumar Sinha, State Aided College Teacher

Joint Convenor : Aniruddha Singh Permar , State Aided College Teacher

Joyita Singha , State Aided College Teacher



Platform : Google Meet (Link will be share 30 min. before the Seminar)