

# GOUR MAHAVIDYALAYA

ACCREDITED BY NAAC(2<sup>nd</sup> Cycle) B+

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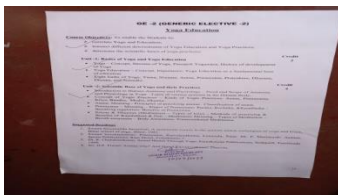
## 5.1.3. Capacity building and skills enhancement initiatives taken by the institution :

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following : 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Response:3



SOFT SKILL/COMPUTING SKILL



CBCS : SYLLABUS: YOGA

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YOGA



SPORTS: PHYSICAL FITNESS 12.03.2022 GYMANASIUM

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